

Receiving Disclosures of Sexual and Relationship (Domestic) Violence

A Guide for Community Services in City of Kawartha Lakes and Haliburton Counties



Always remember to provide BRAVE support!

- BELIEVE
- RESPECT
- ASK
- VALIDATE
- EMPATHY

Created in Partnership with:



Trauma-Informed Support

Supporting someone who is a survivor of sexual violence or harassment and/or relationship (domestic) violence is an important part of their healing cycle. Responding with empathy is very important.







Here are some ideas about what to say:

1. Thank you for trusting me.
2. I am sorry this has happened.
3. I believe you.
4. How can I help you right now?
5. You are not alone and we can connect you with people who can help.



It is important to understand your obligations regarding confidentiality. If you have questions about the Child and Family Services Act, you can learn more by contacting your local Children's Aid Society.



	Immediate or Imminent Harm is Occuring	Up to 12 Days Post-Harm	Over 12 Days Post-Harm and Historic Harm
Medical Services 	9-1-1	Sexual Assault/Domestic Violence Response Program at the Women's Health Centre, Peterborough Regional Health Centre 705-743-2121 ext. 0 to ask for the on-call SA/DV Nurse Examiner Ross Memorial: 705-324-6111 Haliburton, Kawartha, Pine Ridge District Health Unit, Sexual Health Clinic: 1-866-888-4577	Sexual Assault/Domestic Violence Response Program at the Women's Health Centre, Peterborough Regional Health Centre 705-743-2121 ext. 0 to ask for the on-call SA/DV Nurse Examiner Ross Memorial: 705-324-6111 Haliburton, Kawartha, Pine Ridge District Health Unit, Sexual Health Clinic: 1-866-888-4577
Accompaniment and Advocacy Services 	Women's Resources: 705-878-4285 Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778 Kawartha Haliburton Victim Services: 1-800-574-4401	Women's Resources: 705-878-4285 Nijikiwendidaa Anishnaabekweweg Services Circle: 1-800-663-2696 ex. 4 Kawartha Haliburton Victim Services: 1-800-574-4401 Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778	Women's Resources: 705-878-4285 Nijikiwendidaa Anishnaabekweweg Services Circle: 1-800-663-2696 ex. 4 Kawartha Haliburton Victim Services: 1-800-574-4401 Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778
Counselling Services 	Women's Resources: 705-878-4285 Walk-in Support at Bridges Program Mondays at Women's Resources Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778 YWCA Peterborough Haliburton Counselling: 705-286-6442	Women's Resources: 705-878-4285 Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778 and KSAC at Bridges Program Nijikiwendidaa Anishnaabekweweg Services Circle: 1-800-663-2696 ex. 4 Ross Memorial Community Counselling Self Referral: 705-324-6111 ext. 8221 YWCA Peterborough Haliburton Counselling: 705-286-6442	Women's Resources: 705-878-4285 Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778 and KSAC at Bridges Program Nijikiwendidaa Anishnaabekweweg Services Circle: 1-800-663-2696 ex. 4 Ross Memorial Community Counselling Self Referral: 705-324-6111 ext. 8221 YWCA Peterborough Haliburton Counselling: 705-286-6442
Police Services 	9-1-1	Kawartha Lakes Police Service: 705-324-5252 City Of Kawartha Lakes Detachment OPP: 705 324-6741 Haliburton and Minden Detachments OPP: 1-888-310-1122	Kawartha Lakes Police Service: 705-324-5252 City Of Kawartha Lakes Detachment OPP: 705 324-6741 Haliburton and Minden Detachments OPP: 1-888-310-1122
Children's Services (Up to 16 years) 	Kawartha-Haliburton Children's Aid Society: 1-800-567-9136	Kawartha-Haliburton Children's Aid Society: 1-800-661-2843 Chimo Youth and Family Services: 705-324-3300 Point in Time - Haliburton & Minden: 705-457-5345, Crisis 1-866-995-9933 Women's Resources Child Witness and Teen Program: 705-878-4285	Kawartha-Haliburton Children's Aid Society: 1-800-661-2843 Chimo Youth and Family Services: 705-324-3300 Point in Time - Haliburton & Minden: 705-457-5345, Crisis 1-866-995-9933 Women's Resources Child Witness and Teen Program: 705-878-4285
Shelter Services 	Women's Resources Emergency Shelter: 705-878-4285 Anishnaabe Kwewag Gamig Regional Women's Shelter: 1-800-388-5171 A Place Called Home 705-328-0905 and Press #1 Haliburton Emergency Rural SafeSpace 705-286-6442	Women's Resources Emergency Shelter: 705-878-4285 Anishnaabe Kwewag Gamig Regional Women's Shelter: 1-800-388-5171 A Place Called Home 705-328-0905 and Press #1 Haliburton Emergency Rural SafeSpace 705-286-6442	Women's Resources Emergency Shelter: 705-878-4285 Anishnaabe Kwewag Gamig Regional Women's Shelter: 1-800-388-5171 A Place Called Home 705-328-0905 and Press #1 Haliburton Emergency Rural SafeSpace 705-286-6442

* Please note that the services listed above are public services. This list does not include private practitioners who may be available for support. The providers below support female-identified and LGBTQ+ individuals. Additional services for male-identified people are listed on the reverse.

Recognizing Intersections of Sexual and Relationship Violence

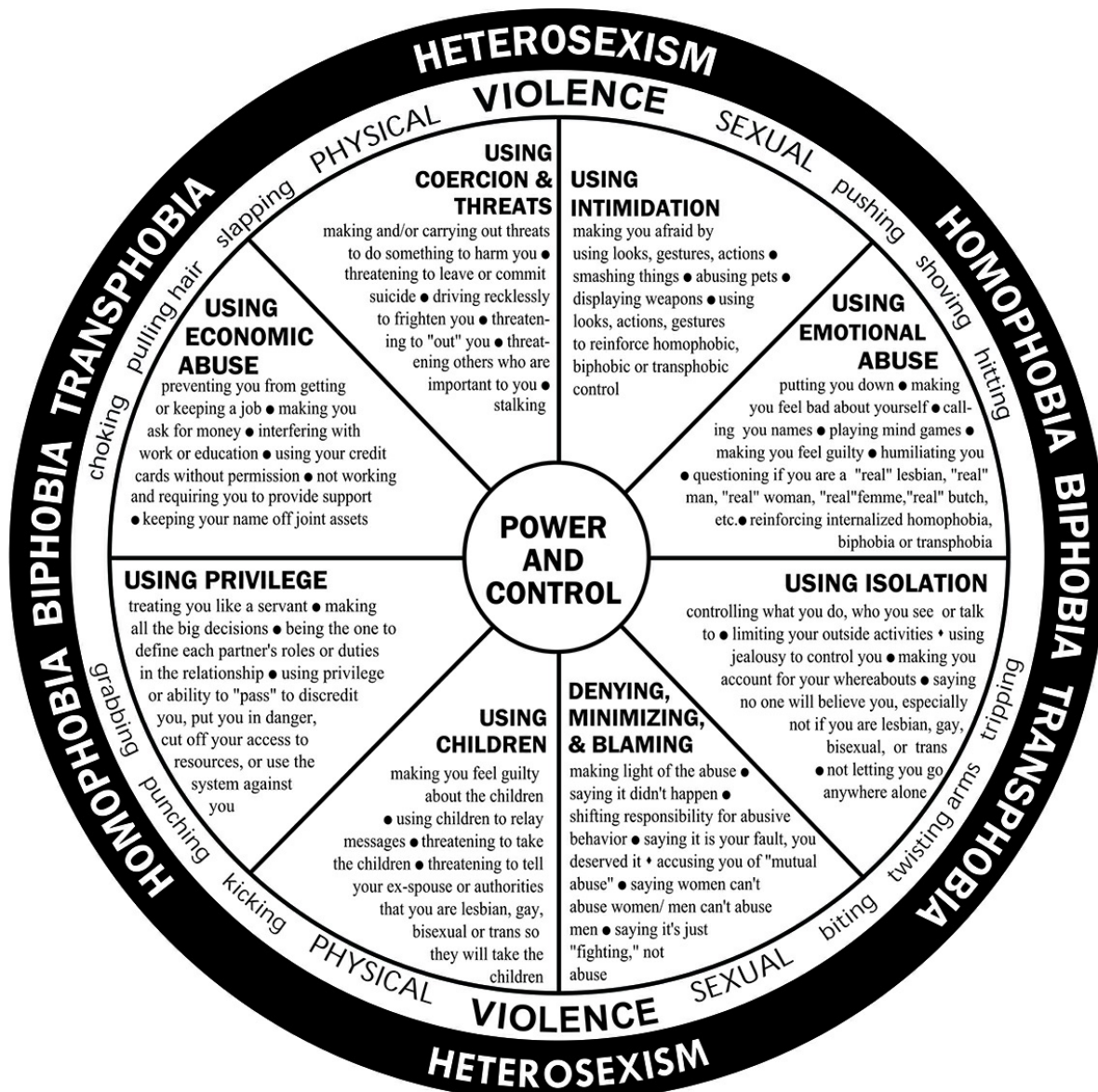
Sexual Violence

Sexual violence, as defined by the United Nations is "[a]ny violence, physical or psychological, carried out through sexual means or by targeting sexuality." Sexual violence is a broad term that describes a continuum of aggression, abuse and violence. It includes, but is not limited to: sexual abuse (under 16 years of age), sexual assault (over 16 years of age), rape (date, marital, partner, stranger, gang), ritual abuse, sexual harassment, incest, childhood sexual abuse, molestation, stalking, indecent/sexualized exposure, degrading sexual imagery, voyeurism, exhibitionism, dissemination of sexual photographs electronically (cyber harassment), rape during armed conflict, trafficking, sexual exploitation, violent and harassing homophobia, biphobia and transphobia. (Learn more at sexualassaultsupport.ca)

Sexual violence has now been encompassed by the term gender-based violence as a more inclusive term that recognizes the intersectional oppressions of females and people of diverse gender and sexual identities and expressions.

Relationship (Domestic) Violence

Relationship (domestic or intimate partner) violence is any form of abuse, assault, mistreatment or neglect that a person experiences from a family member, or from someone with whom they have an intimate relationship. This violence can range on a continuum of power and control including physical, emotional, financial, psychological and sexual harm, that occurs within families, marriages, common law and dating relationships, and other relationships of dependence. (Learn more at LearningToEndAbuse.ca.)



** Adapted from the Duluth Model

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Male Services*	9-1-1	Sexual Assault/Domestic Violence Response Program at the Women's Health Centre, Peterborough Regional Health Centre 705-743-2121 ext. 0 to ask for the on-call SA/DV Nurse Examiner Ross Memorial: 705-324-6111	Sexual Assault/Domestic Violence Response Program, PRHC (see left) Haliburton, Kawartha, Pine Ridge District Health Unit Sexual Health Services: 1-866-888-4577 ext. 1205 Positive Care Clinic, PARN: 705-749-9110 Ross Memorial: 705-324-6111
Medical Services	9-1-1	Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778 Victim Services of Kawartha Haliburton: 1-800-574-4401	Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778 Victim Services of Kawartha Haliburton: 1-800-574-4401
Accompaniment and Advocacy Services	9-1-1	Ross Memorial Community Counselling Self Referral: 705-324-6111 ext. 8221 Ontario Male Crisis and Referral Line: 1-866-887-0015 Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778	Ross Memorial Community Counselling Self Referral: 705-324-6111 ext. 8221 Ontario Male Crisis and Referral Line: 1-866-887-0015 Kawartha Sexual Assault Centre Crisis Line: 1-866-298-7778
Counselling Services	9-1-1	Counselling through a Family Health Team Physician Referral Nijkiwendidaa Anishnaabekwewag Services Circle: 1-800-663-2696 ext. 4 Kawartha Lakes Police Service: 705-324-5252 City Of Kawartha Lakes Detachment OPP: 705 324-6741 Haliburton and Minden OPP Detachments: 1-888-310-1122 Kawartha-Haliburton Children's Aid Society: 1-800-661-2843 Chimo Youth and Family Services: 705-324-3300 Point in Time - Haliburton & Minden: 705-457-5345, Crisis 1-866-995-9933 Women's Resources Child Witness & Teens Programs: 705-878-4285 A Place Called Home 1-866-520-2689 and Press #1 Housing Help in Kawartha Lakes and Haliburton: 1-844-878-9367	Counselling through a Family Health Team Physician Referral Nijkiwendidaa Anishnaabekwewag Services Circle: 1-800-663-2696 ext. 4 Kawartha Lakes Police Service: 705-324-5252 City Of Kawartha Lakes Detachment OPP: 705 324-6741 Haliburton and Minden OPP Detachments: 1-888-310-1122 Kawartha-Haliburton Children's Aid Society: 1-800-661-2843 Chimo Youth and Family Services: 705-324-3300 Point in Time - Haliburton & Minden: 705-457-5345, Crisis 1-866-995-9933 Women's Resources Child Witness & Teens Programs: 705-878-4285 A Place Called Home 1-866-520-2689 and Press #1 Housing Help in Kawartha Lakes and Haliburton: 1-844-878-9367
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** The Power and Control Wheel, known as the Duluth Model, represents the lived experience of women who live with a man who abuses them. It does not attempt to give a broad understanding of all violence in the home or community but instead offers a more precise explanation of the tactics men use to abuse women (see more at theduluthmodel.org). We have chosen to show this expanded model to demonstrate how heterosexism, homophobia and transphobia impacts violence against women, as well as people of gender and sexual minorities.